

# Better Together: Engaging and Partnering with Families

Sue Badeau

Tuesday, July 11<sup>th</sup>, 2023

# Indigenous Land Acknowledgement

- We respectfully acknowledge that we live and work in territories where Indigenous nations and Tribal groups are traditional stewards of the land.
- Please join us in supporting efforts to affirm Tribal sovereignty across what is now known as California and in displaying respect, honor and gratitude for all Indigenous people.

## **Whose land are you on?**

Option 1: Text your zip code to 1-855-917-5263

Option 2: Enter your location at [Native Land CA](#)

Option 3: Access Native Land website via QR Code:





**What we say and how we say it inspires the hope and belief that recovery is possible for everyone.**

**Affirming, respectful, and culturally-informed language promotes evidence based care.**

## **PEOPLE FIRST**

### **Language Matters**

*in treatment, in conversation, in connection.*

# National Minority Mental Health Awareness Month

*Better Health Through  
Better Understanding*

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# Better Together

## *Engaging & Partnering with Families When Drugs or Alcohol Are In the Picture*

*Sue Badeau*

*July 11, 2023*



# Disclosures

None of the presenters, planners, or others in control of content for this educational activity have relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

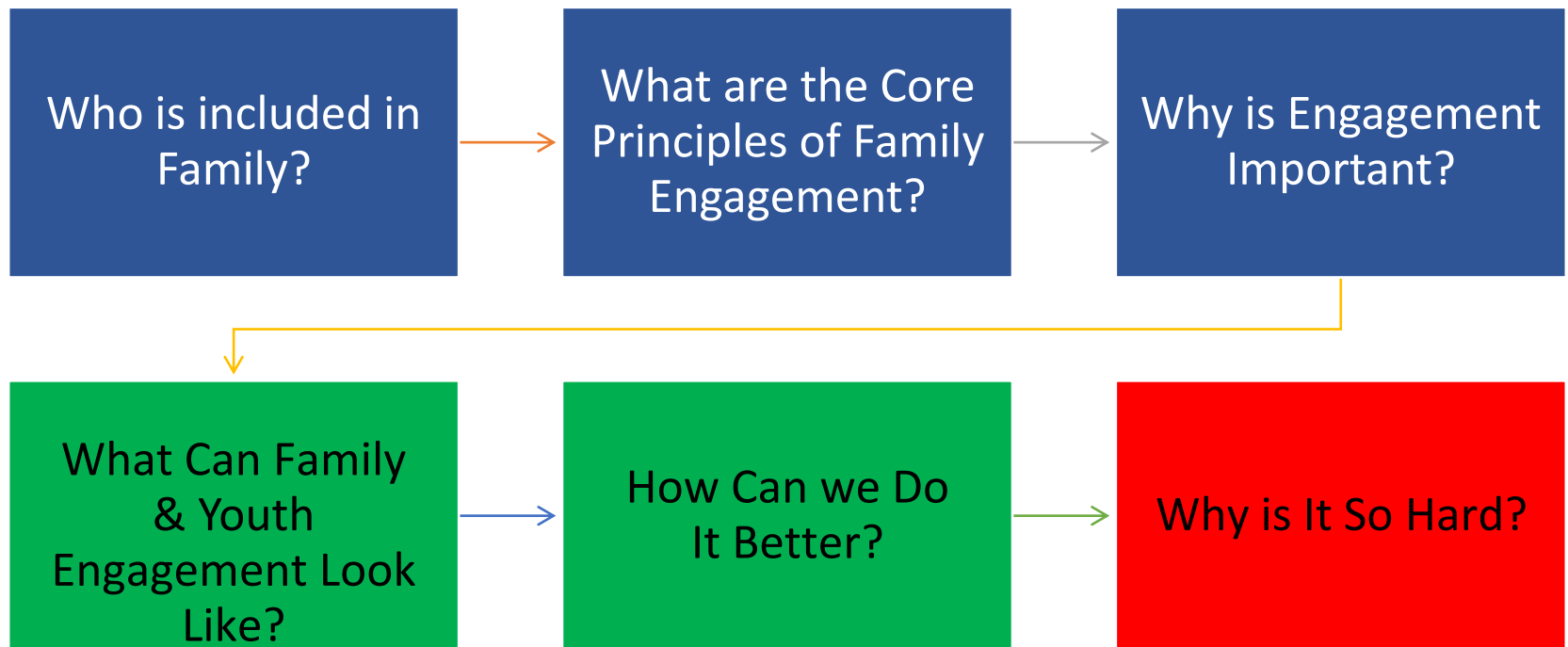
# Learning Objectives – By the end of these two sessions, participants will be able to:

Define	Specify	Describe	Identify
Define at least two elements of the continuum of family engagement.	Specify the 4 core principles underlying effective youth and family engagement.	Describe at least 3 reasons why and how improved family engagement not only improves outcomes for youth and families but also for agencies, professionals and community safety.	Identify 3 examples of the following factors that create challenges to family engagement: trauma, implicit and explicit bias and power differentials.

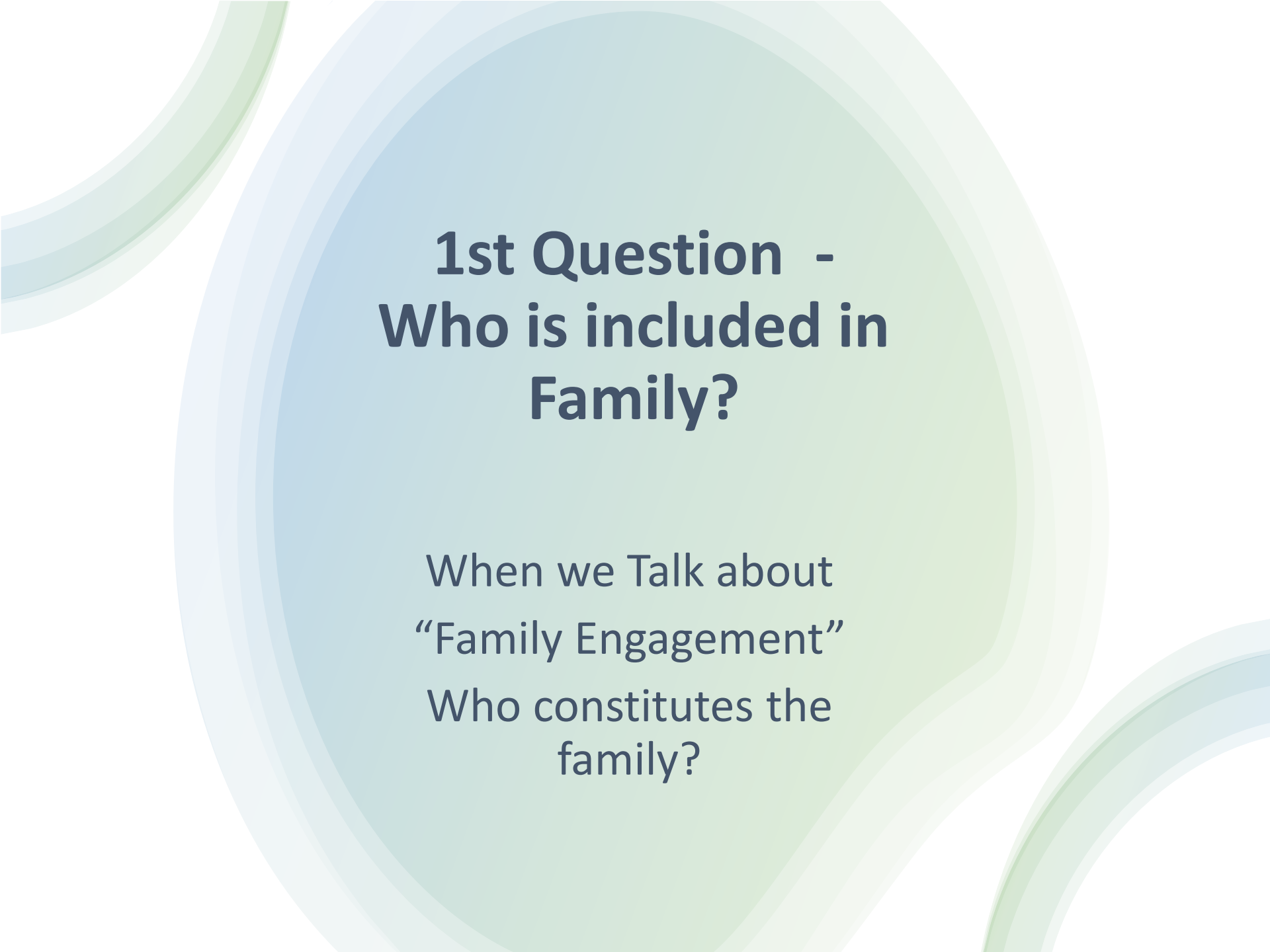
# Family & Youth Engagement

## SIX KEY Questions

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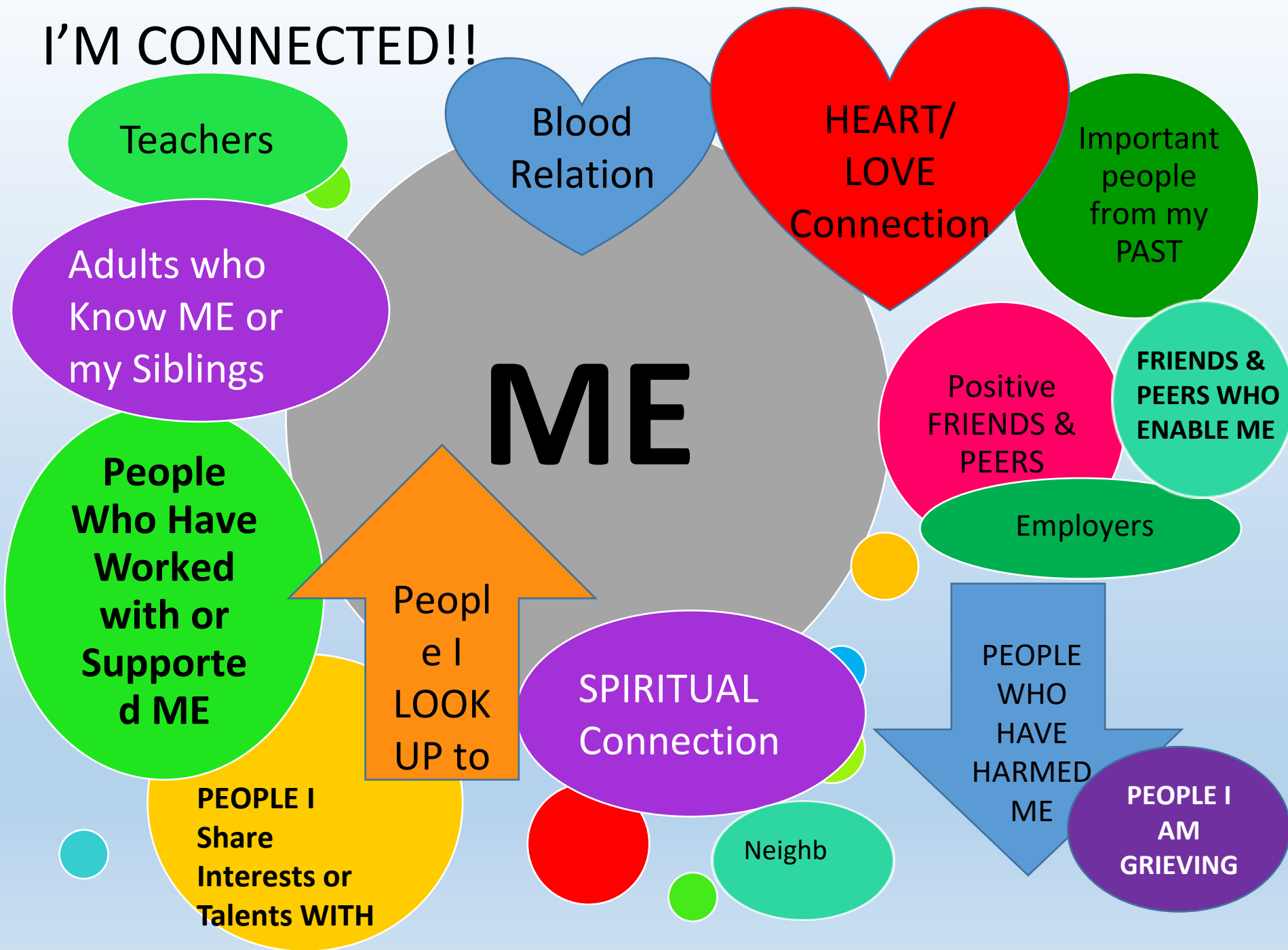




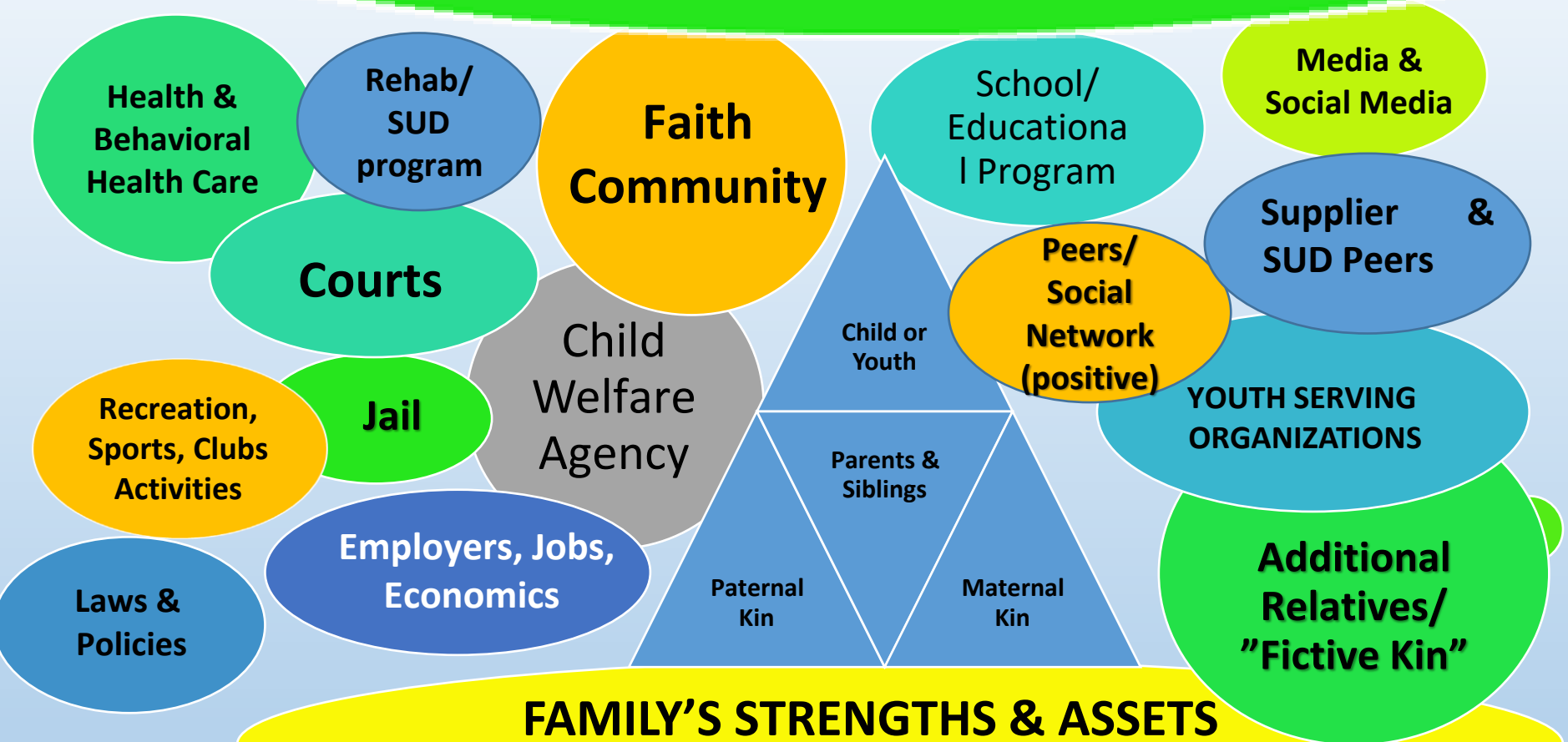
# **1st Question - Who is included in Family?**

When we Talk about  
“Family Engagement”  
Who constitutes the  
family?

I'M CONNECTED!!



# COMMUNITY



**Trauma, Addiction, Special Needs,  
Racism, Gender Identity/Sexual  
Orientation Other Implicit & Explicit**

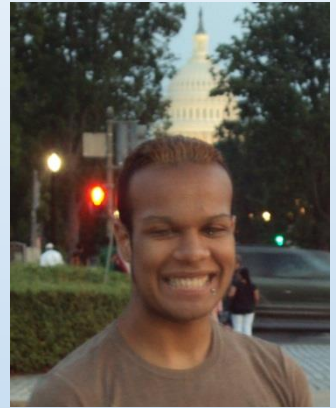
# Engagement for Families and Youth in Special Populations

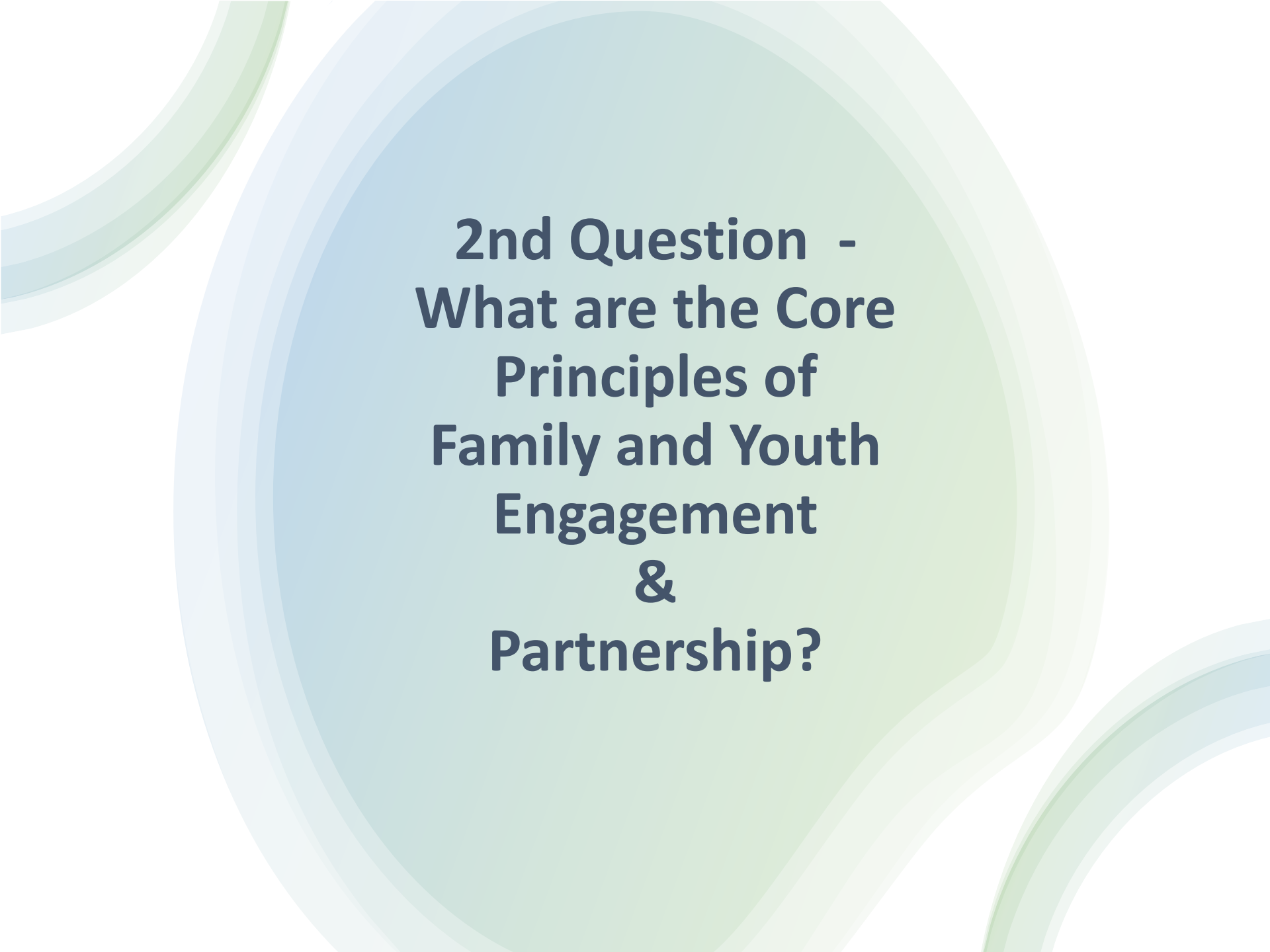
*Providing Safety, Inclusion and Opportunity for*

- Mothers or Fathers in Treatment
- Pregnant and Parenting Teens
- Young people who identify as LGBTQ, non-binary or other non-conforming expressions of gender and sexuality
- Non-traditional family structures – (LGBTQ caregivers, Multi-generational households, foster or kinship care, families of choice)
- Immigrant, non-English-speaking families
- Families from diverse religions/faith communities
- Youth or adults with history of justice-system contact or involvement



# Not only who is in the picture – but Who is missing?





**2nd Question -  
What are the Core  
Principles of  
Family and Youth  
Engagement  
&  
Partnership?**

# Core Concepts for Family Engagement



Core Concept 1:

Family Engagement is  
a Mindset



Core Concept 2:

Define Family Broadly



Core Concept 3:

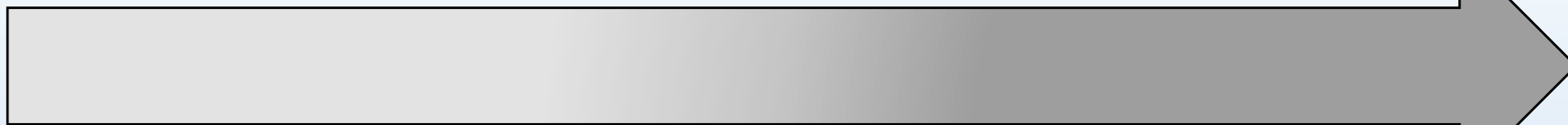
Value Culture & Context



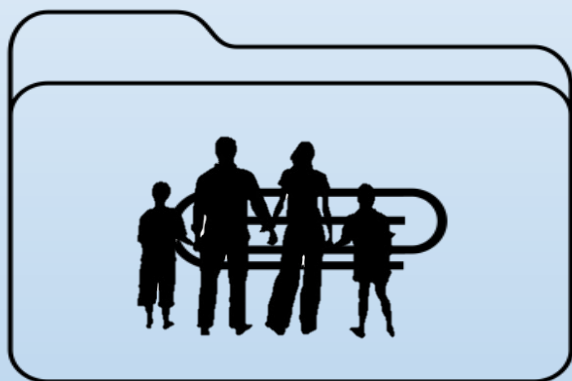
Core Concept 4:

Self-Examination  
& Patience are Key

# Family Engagement Continuum

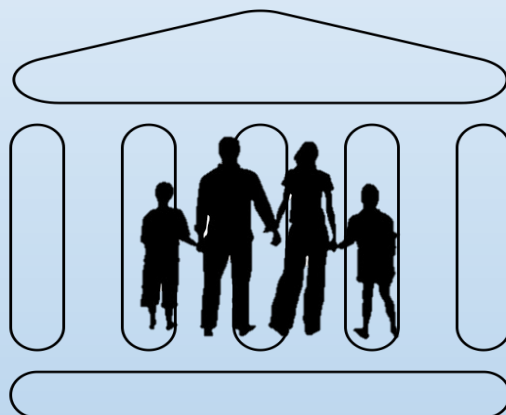


**Family  
Interaction**



**“My Case”**

**Family  
Engagement**



**Within Agency**

**Family  
Partnership**



**Community**

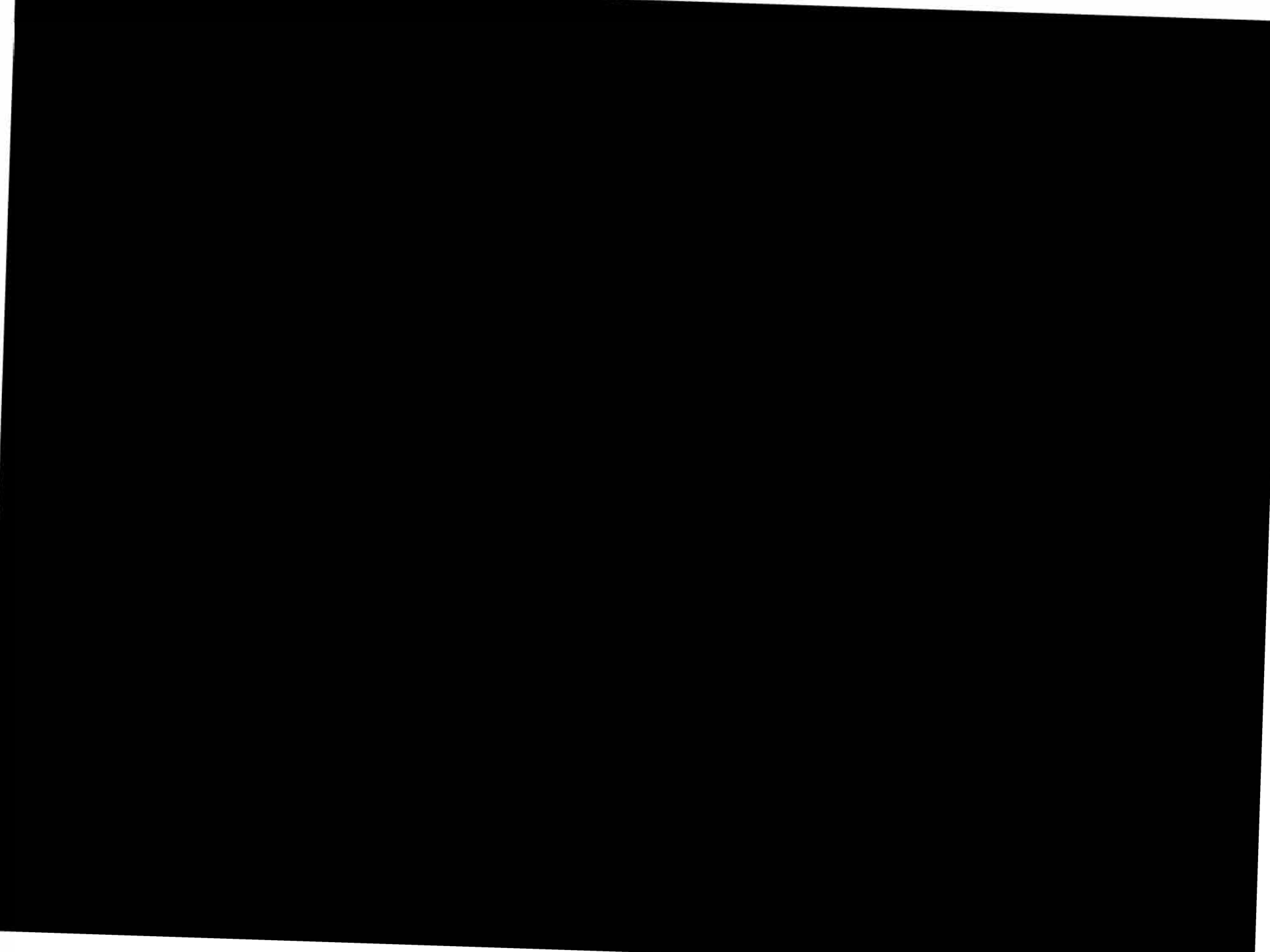


**WHAT ARE THE UNIQUE HURDLES IN EACH PHASE WHEN  
DRUGS OR ALCOHOL ARE IN THE PICTURE?**

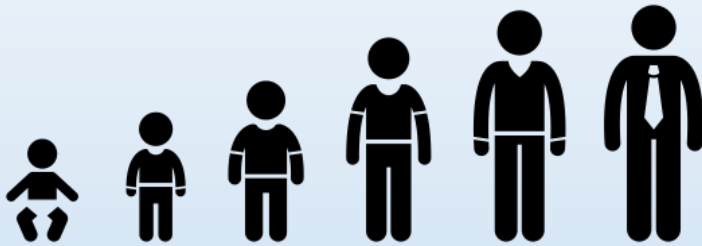


# From Engagement to Partnership



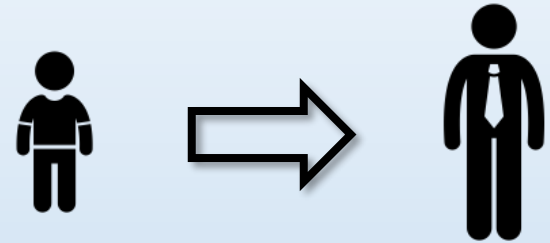


# Language Matters



Growth

Vs.



Change



Life Complexities

Vs.



Refusal

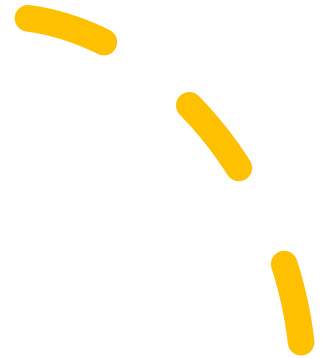
# Addressing Stigma - Language matters

*“If we want to care for something we call it a flower, if we want to kill it we call it a weed”*

Enid Watson

Stigmatizing	Non-Stigmatizing
Dirty vs clean	
Addict	
Junkie	
Substance Abuse	
Other?	
Other?	

# Support Family Resilience



Created by Gregor Cresnar  
from Noun Project

- **Individual resilience contributes to but is not the same as family resilience**
- **4 core signs of a resilient family during times or crisis or prolonged stress**
  - **Maintaining membership**
  - **Nurturing young**
  - **Caring for vulnerable**
  - **Maintaining economic support**



# Support Family Resilience

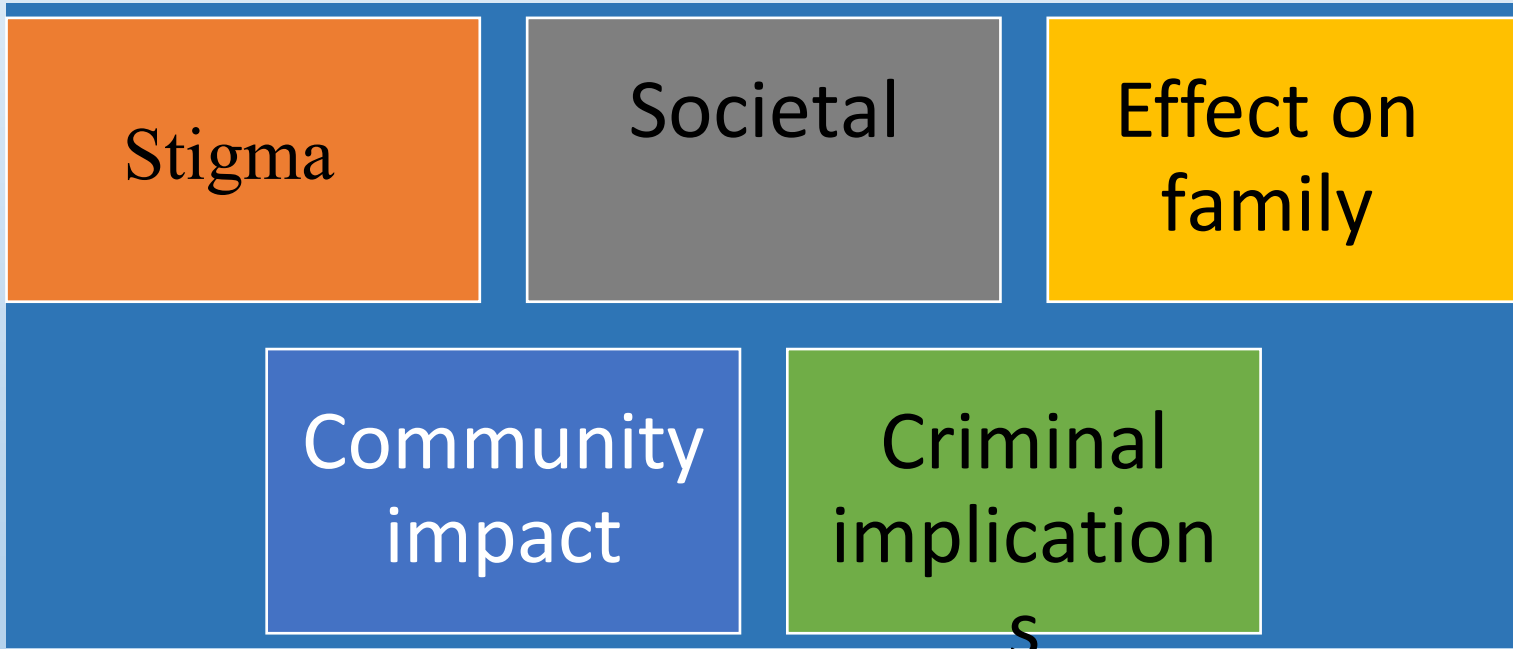


Created by Gregor Cresnar  
from Noun Project

- **4 core characteristics of a resilient family during times of crisis or prolonged stress**
  - **Hope, Optimism, Shared beliefs, values**
  - **Communicate about a wide range of feelings**
  - **Balance of consistency and flexibility**
  - **Capacity for problem solving**



# Difference between Addiction and other diseases



## Co-occurring Challenges

Both substance use and mental health issues can be developed by overlapping risk factors (co-occurring disorders)

The majority of people with substance use disorders have a trauma history



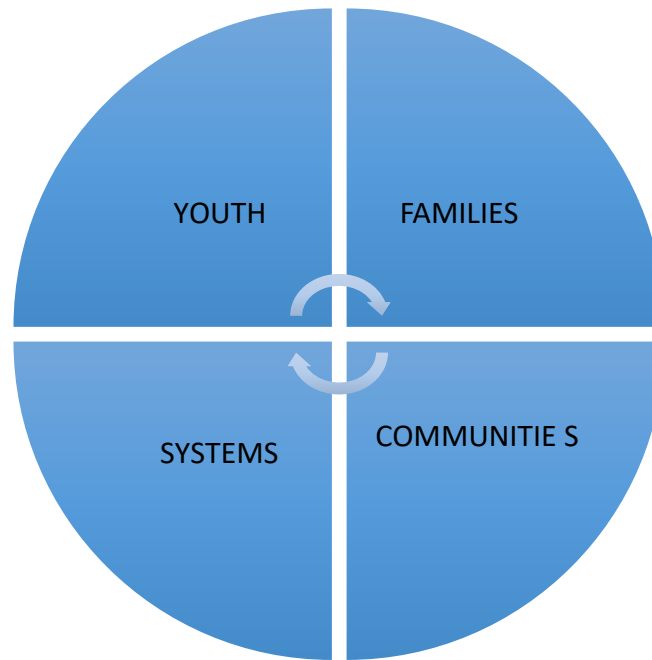


3rd Question:  
**WHY**  
Important?

# Family Engagement & Partnership Benefits EVERYONE

There are specific benefits for:

- YOUTH
- FAMILIES
- SYSTEMS
- COMMUNITIES





## **Meaningful Family Engagement**

- Prevents youth from entering out-of-home systems
  - Child welfare, Juvenile Justice, SAPC/Behavioral Health, Education
- Prevents youth from going deeper into systems
- Expedites reunification with family and/or supports successful attachment to alternate family & community
- Supports successful re-entry to community
- Prevents relapse/recidivism
- Keeps youth and community safer
- Supports healthy life-long well-being
- Improves staff morale, job satisfaction, safety & longevity



## Question 4: What Can Meaningful Family & Youth Engagement Look Like?

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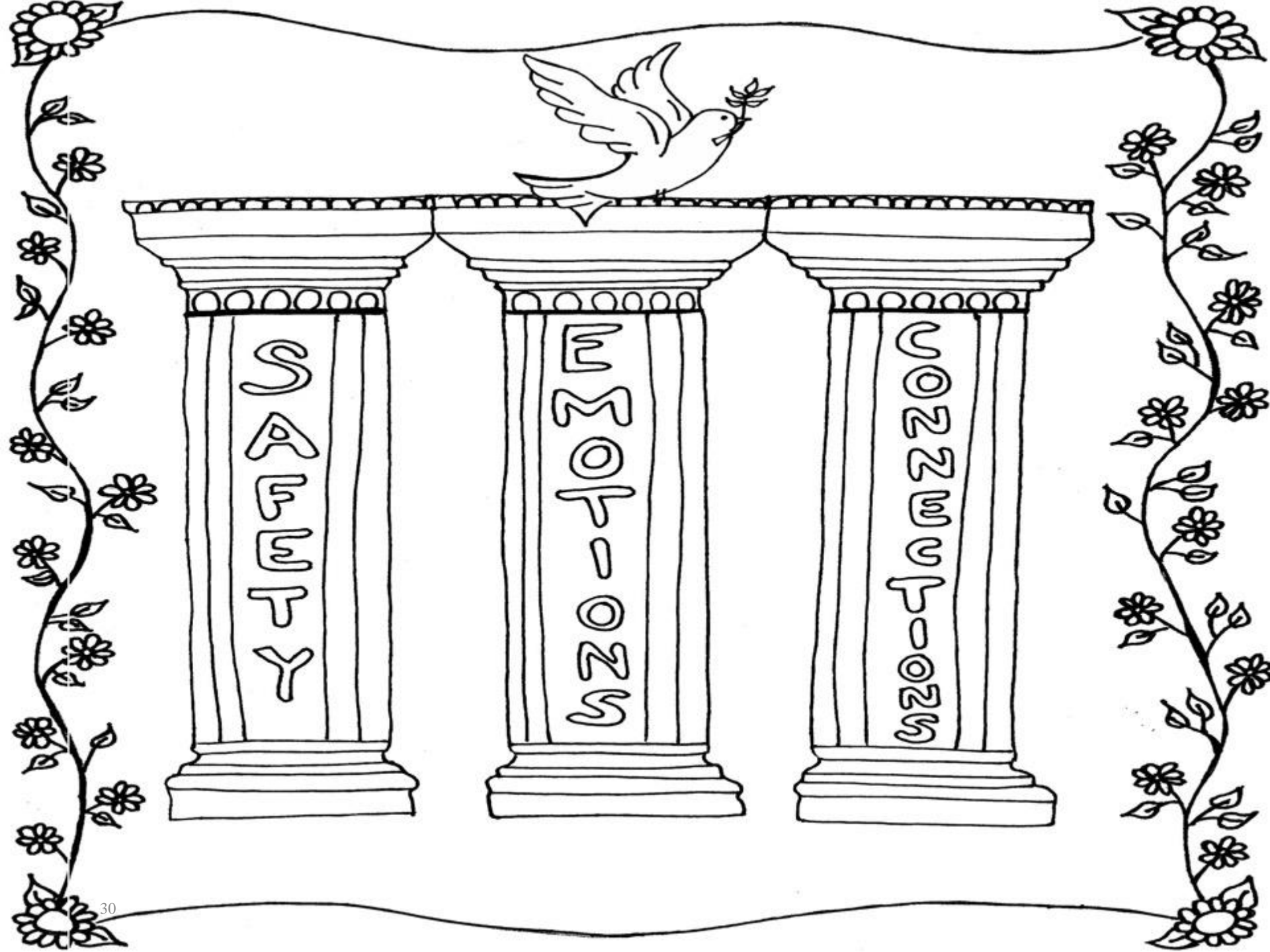
Embracing and implementing meaningful, effective and sustainable family engagement as a value, a practice and an outcome takes vision, leadership, and a plan for action.

# Create a Vision for Family & Youth Engagement

**Inspirational/Aspirational**

**Reflects Values**

**Descriptive**



## 5<sup>th</sup> Question - How do we do it Better?

### Paradigm Shift:

A change from one way of thinking to another.

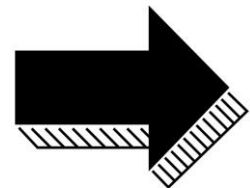
It's a revolution, a transformation, a sort of metamorphosis. It just does not happen, but rather it is driven by agents of change.

(Kuhn, 1970)



Created by MRFA from Noun Project

**Continuous Culture**



Created by Barbara Marsillac from Noun Project

**Continuum of Opportunities**



Created by Vectors Market from Noun Project

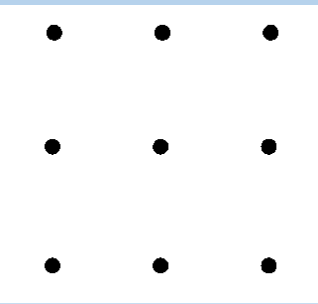
**Competency Based**



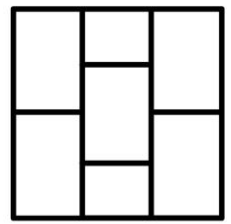
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**Collaborative & Inclusive**

**Creative/  
Outside the Box**

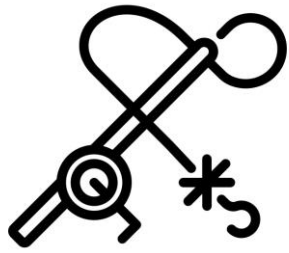


**Concrete & Specific**



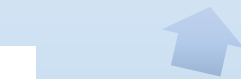
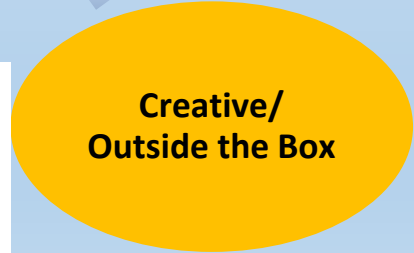
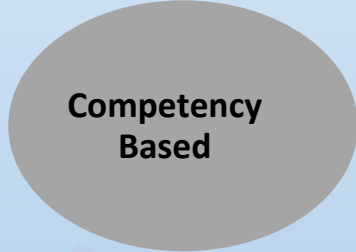
Created by Made by Made from Noun Project

**Caught & Taught**



Created by Ben Davis from Noun Project

**7 C's**





# On-Demand Course Catalog

Our Full Course Catalog includes training on a variety of topics. *Courses that offer CE/CME are noted.*

*SCAN FOR THE FULL COURSE CATALOG*

